

Tarlicky Spinach



Taste!
York Fresh Food Farms

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INGREDIENTS:

- 2 tbsp olive oil
- 6 garlic cloves, very thinly sliced or minced
- 10 oz fresh spinach
- Salt and pepper to taste

INSTRUCTIONS:

- 1 Heat oil and garlic until golden in a large skillet on medium heat.
- 2 Add the spinach and cook for 2 minutes, stirring until wilted.
- 3 Sprinkle it with salt and pepper.