## Summer Zucchini Soup



## **INGREDIENTS:**

- □ 2 medium zucchinis, diced
- □ 2 yellow squash, diced
- ☐ 4 cloves garlic, peeled and minced
- □ 1 large yellow onion, peeled and chopped
- ☐ 6 medium tomatoes, chopped or two 14.5 ounce cans, diced
- □ 2 cups fresh or frozen corn
- ☐ 6 cups vegetable broth
- ☐ 1 tbsp lemon juice
- ☐ Salt, pepper, basil to taste

## **INSTRUCTIONS:**

• Cook onion on medium heat for 7 minutes in a medium pot with a little water. Add garlic and cook 1 minute.

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- 2 Add tomatoes and cook for 10 minutes, or until soft.
- 3 Add zucchini, yellow squash, corn, and vegetable stock. Bring to a boil over high heat, then lower to medium, and cook for 15 minutes.
- 4 Add basil and lemon juice. Season with salt and pepper.